



# Packs

for  
**Kids**



**University  
District  
Food Bank**



**One in five kids in Washington State lives in a household that struggles to put food on the table\***

Help ensure that area youth have access to healthful food all week long by donating needed items to the University District Food Bank:  
With these packs, we can provide a whole weekend's worth of food for kids K-12th grade

## GUIDELINES

- ✓ Single-Serving Size
- ✓ Easy-Open Containers
- ✓ Age-Appropriate
- ✓ Shelf-Stable



## ITEMS we NEED

Instant Oatmeal  
Cereal cups  
Goldfish crackers  
Pretzels  
Popped popcorn  
Snack Crackers  
Fruit cups (light syrup)  
Applesauce (no added sugar)  
100% juice boxes  
Fruit leathers  
Trailmix  
Shelf stable milk  
Peanut butter  
Canned tuna  
Tuna salad + cracker combo  
Canned spaghetti, ravioli, soups  
(microwave-safe, pop-top lids)  
Top Ramen  
Easy-mac (microwavable)

Kid-friendly

Ready-to-Eat

Single Serving

Microwave-Safe

**Learn more at** <http://www.udistrictfoodbank.org/services/packs-for-kids>