



FALL 2017

## Food Bank auction sets another record



Getting your picture taken was just part of the fun at the annual “Take a Bite Out of Hunger” auction.

The 22nd annual “Take a Bite Out of Hunger” benefit auction had an unusual start. The power stayed on. You could see a hint of disappointment with some auction guests who had hoped to bid by candlelight and headlamp. However, they got over it quickly. They gave generously!

They event raised a record \$240,000 in support of Food Bank programs! That total includes ticket purchases, silent and live auction sales, sponsorship, and company match donations.

Auction chair Brooke Anderson

and her committee’s mantra is to procure something for everyone who attends the auction. Indeed they did! The 12-day Holland America Cruise sold for \$5,000. Auction packages selling at guaranteed purchase prices (175%-250% of value) included a bottle of Don Julio tequila, Tote Bag and Stationery from Pen and Pine, a Ceramic Tray by local artist Judith Bushnell, two-night stay at a Sedro Woolley cabin, chainsaw bear art piece by Leigh Woody of Proud Squirrel Chainsaw Carv-

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## Volunteer helps others, and gets something back

Proud of her 97 years, Mabelle Hyink has worked at the Food Bank for longer than she can remember. Anyone who volunteers or shops at the Food Bank on Roosevelt on Monday morning between 9 and noon will surely recognize this bright and helpful person. She’s often to be found at the check-out desk, making sure that a client’s food choices and amounts match their Food Bank card.

She particularly enjoys inviting Food Bank customers to take some flowers to brighten their homes, many of them donated by Trader Joe’s and Whole Foods. Shoppers who don’t see the fragrant and colorful blossoms over near the break room are delighted with Mabelle’s suggestion and pleased to add flowers to their basket.

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Mabelle Hyink

University District Food Bank assists low-income individuals residing within zip codes 98102, 98103, 98105, 98112, 98115, and 98125.

Food for Thought is published quarterly by University District Food Bank for our volunteers, donors, and public at large.

University District Food Bank is a program of the University District Service League, a registered 501 (c) (3).

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Ron Post, Weekend Food Recovery Specialist  
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# Letter From The Director

Dear Friends,

This fall, Food Bank staff had the unique opportunity to attend a national anti-hunger conference in Tacoma convened by our colleagues at Northwest Harvest. While we regularly attend local and state conferences focused on the technical aspects of our work to make us more effective and efficient in our day-to-day operations, this conference was different. For the first time, we had a chance to attend a two-day conference focused only on race, equity, poverty and social justice. It was powerful and necessary.



As we reflect on the work we do, it is important to think about the necessity for and our ability to help shape a system that creates more opportunities for our food bank customers. Beatriz Beckford, one of the conference keynoters, put it bluntly: "Services without actions directed toward ending causation is not social justice." We are very good at the charity work, but we need to develop the justice aspect of our work.

Now I'll make excuses – somewhat justifiable – that our home for many years made transformational work difficult. It took all our energies to just manage the food flow, to keep healthy food available for our community. But times are different now. In our new home, a home purpose built to make our life easier, we have time to breathe, time to think, and time to become more just.

We know that closing the hunger gap in our community is directly tied to ending poverty, so our work in the years to come must align with that.

While it's only a small step, we have just added a social worker onto our staff. It won't be easy work, but we want to help food bank customers identify and navigate their pathways toward greater economic and social stability. Is it the transformational systems change that we need to make a meaningful impact on food security or inequality? Not yet. It is, though, an attempt to build a deeper connection to our customers and understand better their needs and earn their trust. Then, together, we can set our sights on building a more inclusive and more just economy.

As we think about the core of our work, food still remains the focus.

And the power of food to connect people and build community remains real. So, we stay motivated in part by this idea expressed by Malik Kenyatta Yakini, also a conference key note speaker, "The food movement has the opportunity to model for all others what a movement rooted in love and justice looks like. ... It's our time. Let's get busy."

Indeed, as we look toward 2018, let's get busy.

In peace,  
Joe

# Thanks to our auction donors!

2Bar Spirits	Guardian Cellars	Northwest Printed Apparel	Snoqualmie Valley Farmers
Act Theatre	Half Lion Brewery	Novelty Hill – Januik Winery	Cooperative
Adamant Cellars	Heavy Restaurant Group	Oiselle	Salare Restaurant
Aikman Piel Squared, Inc.	HighClass Brass	Old Schoolhouse Brewery	Solomon R. Guggenheim Museum
Alaska Airlines	Hog Wild	OOLA Distillery	Sparkman Cellars
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Flatstick Pub	Myra & Rich Gruber	Shakti Vinyasa Yoga	Which Wich
Forget-Me-Not	Neighborhood Grills	Sheraton Seattle Hotel	Whim W'Him
Forrest-Pruzan Creative	New Deal Distillery	Shirley Towner	Whitney & Jerry Neufeld-Kaiser
Frame Central	New Roots Organics	Shultzzy's Sausage	William Levine Fine Jewels, L.L.C.
Frosted Cupcakes & Cakes	Nikki McClure	SIFF	Wing Luke Museum of the Asian
Gabrielle Davis	Nordic Heritage Museum	Silver Cloud Inns & Hotels	Pacific American Experience
Georgetown Brewing Company	North Seattle	Michael and Peggy Simpson	Wunderkind
Growing Washington	Veterinary Clinic		YMCA of Greater Seattle



The yummy treats in the Dessert Dash were on display during the Silent Auction.

## Thanks to the Dessert Dash donors

Macrina Bakery

Essential Baking Company

Cameron Catering

The Cookie Counter

Specialty's Cafe and Bakery

Trophy Cupcake

Le Panier

Kailin Mooney

Joy Mooney

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Katrina Koch

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Kristine Rogers

Sarah Washburn

Jane Lamb

Shirley Towner

## Come and visit the Food Bank!

Come and see the Food Bank you built!

**Date:** Wednesday, February 28

**Time:** 5-8 p.m.

**Where:** 5017 Roosevelt Way N.E. Seattle, 98105

**What:** Learn about the work we can do because of your support. Hear about the 23rd annual "Take a Bite Out of Hunger" benefit auction.

**Treats:** Enjoy some light appetiz-



ers and beverages.

**RSVP by February 23** to [www.udistrictfoodbank.org](http://www.udistrictfoodbank.org).

## Thanks to our auction sponsors

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# Turkey Trot doubles its contribution

The second annual Montlake Community Club Turkey Trot 5K and Kids Race on Thanksgiving Day exceeded expectations! The proceeds benefiting the University District Food Bank more than doubled year one to year two, from \$10,000 in 2016 to \$23,000 in 2017!

Planning, coordination, and support of the community are necessary to pull off such a successful event. The Montlake Community Club had it all. Over 60 Montlake community members volunteered to make the race happen. They worked with the city and parks department to acquire the proper permits and insurance; planned the race route, utilizing the new Arboretum Loop Trail; promoted the race on social and local media; built a race website; secured 21 sponsors; and monitored the course and ran day-of registration. That's a



And they're off! Runners begin the annual Turkey Trot in Montlake on Thanksgiving Day.

lot of work!

Montlake Community Club President Sharsti Sandall who spearheaded the race said, "The Montlake and surrounding communities have embraced this event. We had families and neighbors running and volunteering together all for a won-

derful cause!"

The MCC is already planning their next Turkey Trot for Thursday, November 22, 2018. Save the Date. It's a fantastic way to experience community, get some exercise, and give back on Thanksgiving Day.

## She finds sustaining connections as a volunteer

FROM PAGE 1

"Flowers are food for the soul," Mabelle says. "I find that our women customers are especially fond of them!"

One day many years ago she received a card in the mail about the Food Bank, when it was still situated in the church basement on 15th Avenue NE. Most solicitations for help end up in the circular file, but she kept that card around for a couple of weeks. Her thoughtful reflection on volunteering ended with a cursory, "Why not?" Mabelle likes to keep busy, and she enjoys helping people get their needs met.

Over the years the Food Bank has grown on her. Though it's primarily about the service to the customers, Mabelle has also found camaraderie and friendship with other volunteers. "It's the human contact that I enjoy, the feeling of being part of a caring family," she says.

She is delighted with the new facility on Roosevelt because it provides greater benefits to the customer, compared to the old Food Bank. Not only is there more room for people to shop and ample space for food storage, she finds that the new store has made it possible to offer greater food variety than ever before.

Mabelle grew up on a large farm in Virginia, shortly

after World War I. That made her a young adult as the US began to get involved in World War II, and she took a job with the federal government. At the close of the war, in 1946, she left the East Coast. "I just got itchy feet after those years working with the government. I had a cousin who lived in Seattle, so I went to visit. Shortly after that I met a wonderful man, and we never looked back. We were married in 1947."

One trouble with living so long is that you may outlive those you love. Mabelle sadly shares that her husband and son died, leaving her much more alone now than ever before. Great memories of her wonderful husband and family sustain her, and she has come to a philosophic understanding of this life. "Most people don't go unscathed," she says. Perhaps these trials are the very experiences that emerge as wisdom in people like Mabelle.

And so, just as Mabelle gives of herself to the needs of the customers, the Food Bank relationships play an important role in Mabelle's life, as well—working with and making connections with people who share her commitment to serve, week after week. When the next Monday-morning shift is coming up, she is glad. "I look forward to it. I really do."

# Food Bank Auction sets record again

FROM PAGE 1

ings, Sea Glass Earrings made by Board Member Carol Cabe, a New York package including tickets to Trevor Noah, Guggenheim, and dinner at Reynard, Baking class with Sea Wolf Bakers Kit and Jesse Schumann, and a ticket to “Hamilton.”

Most importantly the Fund-A-Need raised \$80,000 in support of our food budget (funds that we can use for Packs For Kids, Home Delivery, and Walk-In Food Bank), diapers, and feminine hygiene products.

Thanks to all the item donors, sponsors, attendees, and volunteers who made the auction a special event! Current Board Members Leah Ball and Joy Mooney in addition

## Thanks to Our Weekly Donation Partners

- Amazon Fresh
- Atlas Coffee
- Bartell Drugs (Roosevelt Square)
- Christ Episcopal Church
- Coyle’s Bake Shop
- Eastlake P-Patch
- Faith Lutheran Church
- Fred Meyer (Ballard)
- Freeway Estates Community Orchard
- Grateful Bread Bakery and Café
- Madison Park Bakery
- Montlake Boulevard Market
- New Roots Organics

- PCC (Aurora, Greenlake Village, Viewridge)
- Picardo Farm
- QFC (Broadway Market, University Village, Wedgwood)
- Ravenna P-Patch
- Roosevelt P-Patch
- Safeway (Roosevelt, University District, University Village, Wedgwood)
- Sand Point Community Church

benefit auction. The date is set — October 27, 2018. We hope to see you next year!

- Scarecrow Video
- Sea Wolf Bakery
- Shiga’s Garden
- Standard Bakery
- Street Bean Coffee
- Top Pot Donuts (Ballard)
- Trader Joe’s (Ballard, University District)
- Trophy Cupcakes (Wallingford, University Village)
- University Christian Church
- University District Farmers Market
- University District P-Patch
- University Heights P-Patch
- University of Washington Farm
- University Presbyterian Church
- Wedgwood Community Church
- Whole Foods (Interbay, Roosevelt Square)



There was something for everyone to bid on at the annual “Take a Bite Out of Hunger” auction in October.

